

Sacred Heart
Southend-on-Sea



St John Fisher
Prittlewell

Parish Priest: Fr Graham Smith

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PARISH NEWSLETTER

Sunday 10th March 2019 – First Sunday of Lent (c)

Dear Friends

Today we celebrate the first Sunday of the liturgical season of Lent. In this season, we prepare ourselves to celebrate the high point of our Christian life, Easter. Each year we are called to a change of heart and to observe the traditional Lenten practices of prayer, fasting, and almsgiving. These disciplines are to be part of the Christian life during every season, but during the season of Lent, we renew our commitment to them.

In our Gospel today we hear that after his baptism, Jesus spends forty days in the desert, fasting and praying. In the desert the devil presents three temptations to Jesus. The devil tempts Jesus to use his power to appease his hunger, he offers Jesus all the kingdoms of the world if Jesus will worship him, and he tempts Jesus to put God's promise of protection to the test. In each case, Jesus resists, citing words from Scripture to rebuke the devil's temptation.

Jesus' responses to the temptations of the devil teach us how we can respond to temptation. As we start our journey through Lent, this Sunday's Gospel calls us to adopt the same confidence that Jesus had in the face of temptation: God's word alone will suffice, God's promise of protection can be trusted, and God alone is God.

Fr Graham

CAFOD Lent Fast Day – This coming Friday (15th March)

CAFOD's Family Fast Day this Lent is an opportunity to support our brothers and sisters around the world.

Drought, floods and storms are having a devastating impact on our global family. Like Mahinur from Bangladesh. She makes a living from fishing but a drought last year killed all the fish, and she's struggling to support her disabled husband and son.

On Friday the 15th March can you eat a simple meal in solidarity and give what you save to help people like Mahinur?

Through CAFOD's global Church network – one of the largest networks in the world – your support can reach to the ends of the earth. Thank you.

There will be a second collection next weekend.

Extraordinary Meetings to talk about the Diocesan Vision and Stewards of the Gospel Initiative

These will take place as follows:

Sunday 17th March in Sacred Heart Hall straight after the 11.00am Mass

Sunday 24th March in St John Fisher Hall straight after the 9.00am Mass

Southend Foodbank – AdLent Calendar Appeal

The Foodbank are launching their Lent AdLent Calendar Appeal. They are asking families or groups to follow the calendar and try to donate the item listed for each day of Lent. Copies of the Calendar are available in the porch. Donations can either be left in the Church porch or taken to the Foodbank Warehouse during the times shown on the Calendar.

Coffee and Cake - St John Fisher - Today

Since 2007 we have served coffee and cake every month to raise valuable funds for CAFOD, various charities and parish needs. Our charge of 50p a slice of cake and 50p for a cup of filter coffee has remained unchanged since 2007. The cost of the ingredients etc have always been donated by us so all the money we receive is donated to charity. However, we think it is time to raise the costs and so from now on a piece of cake will cost £1 and coffee will remain at 50p. We hope you will agree that these prices are still very low in comparison to local charges. Our cakes will continue to be made with free range eggs and butter.

We look forward to seeing you after Mass today.

Lent 2019

Stations of the Cross During Lent

There will be ample opportunities to pray the Stations of the Cross in our parish during Lent. They will be on Saturday (straight after 9.00am Mass at St John Fisher) and on most Sundays (4.00pm at Sacred Heart). On Sunday 17th March we will join the community of St Luke's Anglican Church (St Luke's Rd, Southend-on-Sea SS2 4AB) at 4.00pm for an ecumenical celebration of this devotion. On Sunday 7th April the community from St Luke's will join us at Sacred Heart.

Confession During Lent

Please make a special effort to go to Confession during Lent. Confessions are available at St John Fisher after the Saturday morning Mass and at Sacred Heart on Saturday mornings from 10.00am to 10.45am. Additionally, confession will be available for half an hour before each of the Saturday evening and Sunday morning Masses.

There will be a Deanery Reconciliation Service on Wednesday 10th April at 7.30pm at St Helen's Catholic Church, Milton Road, Westcliff, SS0 7JP.

Exposition of the Blessed Sacrament and Benediction

Exposition will continue to be held at Sacred Heart on Thursday evenings straight after the 6.30pm Mass. During Lent it will also be held at St John Fisher, straight after the Wednesday 10.00am Mass.

Parish Lent House Groups

We will be holding Lent House Group meetings on weekdays during Lent from Monday 11th March as follows:

Mondays at 7.30pm in Swanage Road. Telephone 01702 615932.

Tuesdays at 5.00pm in Manner's Way. Telephone 07853 634046

Wednesdays at 7.00pm in Brunswick Road. Telephone 07837 215757

Thursdays 1.30pm in Beaufort Street. Telephone 07757 484187

Fridays at 2.00pm at St John Fisher Church Hall. (No need to telephone in advance.)

Please ring the telephone shown above for the exact location.

Deanery Lent Talks at Nazareth House (111 London Road, Westcliff)

These will take place in Nazareth House on Wednesdays at 7.30pm as follows:-

13th March – Fr Angelus Houle, "Spiritual warfare"

27th March – Mark Lambert, "the Culture of Life vs the Culture of Death"

3rd April – Fr Andrew Forys, "The healing power of Confession"

10th April – Fr Jeff Woolnough, "Mary at the foot of the Cross"

40Acts

If you who would like to receive a Lenten challenge via email each day during Lent, please register on the 40 Acts website 40acts.org.uk

Fr Graham and Liam Rand on BBC Essex (Radio) 17th February

An interview with Fr Graham and Liam Rand about the Winter Night Shelter will be broadcast on the BBC Essex Sunday Breakfast Show on Sunday 17th March. The Show is on between 7.00am and 9.00am.

Baptism Preparation

The next Course for parents and expectant parents who wish to have a child baptised at Sacred Heart or St John Fisher will be on Monday 13th May at 7.00pm in Sacred Heart Hall. Please pick up a form from the church porch to register for the course and request the Baptism. **Please note that in order for a child to be baptised, at least one of the parents must be a baptised catholic and a copy of the parent's baptism certificate must be attached to the application for the child's baptism. Parents are expected to attend a Preparation Course prior to the baptism of each of their children.**

Children's Matinee: Peter Rabbit (Cert. PG)

Peter Rabbit's feud with Mr. McGregor escalates to greater heights than ever before. Their fight to gain control of McGregor's coveted vegetable garden, and the affections of the warm-hearted animal lover who lives next door extends, to the Lake District and London. Also stars, Flopsy, Mopsy, and Cottontail.

Come and enjoy the fun on Friday 29th March in Sacred Heart Church Hall – Doors open at 3.30pm for a 4.00pm screening. Free Entry – Tickets available from Robin Gibson or Paul Nicholson. Usual refreshments available.

Sacred Heart Breakfast Club – Saturday 23rd March

Come and enjoy Breakfast (cereal, full cooked breakfast, toast and marmalade, tea or coffee) and learn more about NSPCC. All proceeds will go to this compassionate charity. Breakfast is at 10.00am and the speech at 11.00am. Adults £5 and children £2.50. Tickets from Sandy Rand on 07875 124159.

Southend Churches Winter Night Shelters

Thank you for all of the generous donations received so far. We now have enough of everything for the foreseeable future and so we ask that you hold off from bringing any more donations – we will let you know if and when we need more.

Collections of items for HARP, Southend Foodbank and the Night Shelter		
	Dates	Priority Items
HARP	6 th and 7 th April	Coffee and sugar
Foodbank	9 th and 10 th March 16 th and 17 th March	Tinned potatoes
Winter Night Shelter	Nothing currently needed (thank you for all of the donations so far!)	

CAFOD – St John Fisher

Gifts in Wills are CAFOD's biggest source of supporter income. These special gifts can pay for a third of their international development work. Whilst this may sound like a significant source of income, CAFOD only receive gifts from 300 supporters each year. Many people have not thought about the idea of including a gift in their Will. Can you imagine the potential of even a small increase in this kind of support?

CAFOD offer a free Will writing service that anyone can use. You are not obliged to leave a legacy to CAFOD if you use this service. Details of this service and information on other questions that are frequently asked are on the CAFOD board in the porch.

Parish Craft Club

The Craft Club runs every Tuesday in Sacred Heart Hall from 11.00am to 2.00pm. A £2.00 attendance fee includes light refreshments. So whether you are a craft expert, a beginner or just fancy a cup of tea and a chat, please come along. All are welcome. For more information, please contact Maddy on 07837 215757.

Lost Property in St John Fisher Church

There are currently lots of "lost property" items in St John Fisher Church. Please check through the wicker basket in the porch and remove any items that are yours.

DBS Forms – St John Fisher

I would appreciate all forms to be completed and returned to me by Sunday 17 March at the latest. Please speak to me if you are experiencing any problems. Thank you.

Charmaine

"Being a Young Catholic Today"

The Knights of St Columba (KSC) are organising a National seminar, between 16th and 19th July at Hinsley Hall, Leeds, with the theme 'Being a Young Catholic Today'.

It is aimed at the age group 16 years to 23years. It is free - the accommodation costs and travelling costs are covered by the KSC. Those interested, please contact me for an application form. Brian Dillon 01702 213140 or speak to Liam Rand 07952 954833

***** Around the Deanery, Diocese and Beyond *****

Events at Walsingham House at Abbotswick

Lent retreat for young people; if you are school year 10-13 and would like some peace and space to prepare for Holy Week, along with the joy of being on retreat with our magnificent Walsingham House at Abbotswick Team, then join us for the Lenten retreat 8pm Tuesday 9th – 3pm Thursday 11th April. £35 includes accommodation and meals. Details & booking at www.bcys.net/events

Sponsored sleepout; can you give one night of your life to change nights for others next winter? Since November hundreds of people in Essex and East London have found warmth, food and shelter in church halls and other projects supported by our church. Could you get sponsors (anything from £10 to £1000 – every penny helps) and sleep outside for one night to help support this work next winter? Sleepout Fri 12th-Sat 13th April, in the grounds of Walsingham House at Abbotswick. Full details at www.bcys.net/events.

"Be still in the presence of the Lord" – for adults, a long weekend of peace, stillness, prayer and reflection From Friday to Monday 9th – 12th or 23rd – 26th August. A simple programme of morning and evening prayer, Mass, Adoration and Reconciliation; all optional, use your time as you wish. Maximum of 18 people. All rooms en-suite. £200 single room, £250 twin room, for three nights' accommodation and all meals. Email josephbeattie@dioceseofbrentwood.org or call 01277 373959 and ask for Joe.

Lenten Talks at St Theresa's Rochford – 'The Ten Commandments Through the Eyes of the Catechism'

This is a series of talks hosted by St Teresa's Church (109 Ashingdon Road, Rochford, SS4 1RF) and led by Fr Gerry which will take place on Tuesdays 19th March, 26th March and 2nd April. Talks will commence at 8pm (following 7.30pm Mass.) Refreshments provided. All very welcome.

The Gospel According to Pope Francis

A study day on this theme will be held at the Church of Christ the Eternal High Priest, Gidea Park, RM2 6DH on Saturday 16th March. Six years after his election we look at Pope Francis' efforts to bring renewal to the Catholic Church. The speaker will be Fr Alban McCoy OFM Conv, who is Dean of St Edmund's College, Cambridge. The day begins at 11.00am and ends at 3.00pm. Admission is free and refreshments will be provided. Please bring your own lunch. Please make your booking by email to GPstudydays@gmail.com

Vacancies in the Brentwood Diocese Education Service

Catholic Multi Academy Trust (CMAT) Development Officer - Fixed Term Contract. 2.5 days per week - 17.5 hours per week - Term time - including some home working. Salary circa £25,000 depending on experience.

Full time Buildings Development Officer. Pay range £39,000 - £45,000

Details about both jobs available from 01277 265284 or on the Diocesan website.

Diocesan Catholic Charismatic Renewal Service – A Day of Renewal

This day with the theme 'The Love of Jesus', will be held on Saturday 18th May at Blessed Sacrament Parish, 116 Melbourne Avenue, Chelmsford from 10am until 4pm. The speaker will be Charles Whitehead and the day will finish with Mass at 3.00pm. Coffee and tea will be provided but please bring a packed lunch.

Brentwood Catholic Children's Society (BCCS) Vitality London 10K run

BCCS has places for this Run which is on Whitsun Bank Holiday, Monday 27th May. It has a lovely atmosphere and takes in many of London's iconic landmarks, finishing in front of Buckingham Palace with all the event facilities, food and entertainment close by in Green Park. For each place, we ask for a pledge to raise a minimum sponsorship of £100 before Gift Aid. For further information, please contact Julie at jabbott@bccs.org.uk or 07912 277413.

Brentwood Diocesan Historical Society

The Essex Recusant Society (Brentwood Diocesan Historical Society) will hold its next meeting on Saturday 30 March at 2.30pm at The Grange, 93 Queens Road, Brentwood, Essex CM14 4EY. Mr Edward Walsh (Parish Archivist) will speak on 'OUR LADY OF LOURDES, WANSTEAD - 100 YEARS OLD.'

Is God Calling You to be a Priest?

There is a monthly vocations group for those who would like to find out more about a possible vocation to the priesthood. There will be a talk, time of prayer and some food. The sessions take place at St Edmund of Canterbury church, 9 Traps Hill, Loughton, IG10 1SZ. Tuesdays: 5/3; 2/4; 7/5; 4/6; 2/7. Please contact Fr Mark Swires, Vocations Promoter for more information: vocprom@dioceseofbrentwood.org

Pilgrimage to Avila -19 - 24 May 2019

Based in the heart of Avila (the home of St Teresa of Avila) but also visiting Segovia, Toledo & Salamanca. Staying at the Palacio de los Velada in the centre of Avila www.hotelpalaciodelosvelada.com/en. Led by Fr Francis Coveney. Full package prices including flights: £870 per person based on twin room (single room supplement £120). For further details or booking please contact Gill at Tangney Tours 01732 886 666 or www.tangney-tours.com

Josephine Liggitt RIP

Please pray for the soul of Josephine Liggitt who died on 23rd February. Her funeral service will be on Tuesday 12th March at 3.40pm at Southend Crematorium.

Brendon Sammon RIP

Please pray for the repose of the soul of Brendan Sammon who died on 1st March. His Requiem Mass will be on Wednesday 20th March at 12 noon at Sacred Heart.

Money

Sunday 2nd March 2019 Offertory Collection

£1183.61

Sick Parishioners

Please pray for our sick parishioners and friends, especially; Valerie Armitage, Charmaine Arnold, Christina Arnold, Marie Biner, Guilda Brett, Barbara Briggs, William Bryan, Eric Carpenter, Alfossina Carson, Richard Campbell-Carr, Patricia and Richard Dixon, Pamela Dobson, Patrick Doherty, Helen Escott, Harleigh-Jo Farrar, John Fiore, Roy Fitchew, Danielle Honeyands, Katrina Honeyands, Peter Hopkins, Bartley Igoe Jr, Teresa Igoe, Maria Kintu, Peter Last, Margaret Lee, Bernard Lovell, Jacqueline Lovett, Sheila Norris, Sister Marika Rebicsek, Anita Rogers, Maria Scinto, Geraldine Stephens, Jenny Warren and Sally Wray.

Rest in Peace

Please remember and pray for those who have died, especially those whose anniversaries fall about this time: Canon Joseph Whitfield, Michael Power, Philomena (Phyllis) Monahan, Fr Thomas Lawton, Fr John Gordon, Alice Clark, Marguerite Fogarty, Fr Edmund Meyer, Fr Maurice Roche, Mary Welsh, Charles Fell, Henry Husk, Ann Connolly, Ethel Ridley, Robert O'Sullivan, Jennifer Linton, Ryan Gordon, Ruth Garsed, Marjorie King, Charles Hurley, Harry Castle, Nellie Starkey, Fr William Luby, John Halls, Sian Vassie, John Bryan, Irene Boast and Eric Hayter.

Mass Text for 10th March 2019 – First Sunday in Lent (C)

(Divine Office Week 2)

Entrance Antiphon: When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days

First Reading: Deuteronomy 26:4.10

Psalm: 90:1-2, 10-15 response v 15. Be with me, O Lord, in my distress.

- 1 He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: "My refuge, my stronghold, my God in whom I trust!"
- 2 Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways.
- 3 They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon
- 4 His love he set on me, so I will rescue him; protect him for he knows my name. When he calls I shall answer: "I am with you." I will save him in distress and give him glory.

Second Reading Romans 10:8-13

Gospel Acclamation: Praise to you, O Christ, king of eternal glory! Man does not live on bread alone, but on every word that comes from the mouth of God. Praise to you, O Christ, king of eternal glory!

Gospel: Luke 4:1-13

Communion Antiphon: One does not live by bread alone, but by every word that comes forth from the mouth of God.

Readings for the Second Sunday in Lent:

Genesis 15:5-12, 17-18, Psalm 26:1, 7-9, 13-14 response v1, Phillipians 3:17-41, Luke 9:28-36.

Masses and Services		Sacred Heart	St John Fisher
Saturday 9 th March	First Mass of Sunday	5.00pm Confessions 5.30pm <i>John Mullally RIP</i>	
Sunday 10 th March	First Sunday of Lent (C) 3.00pm – Rite of Election for our Converts at Brentwood Cathedral	(9.00am <i>Polish Mass</i>) 10.30am Confessions 11.00am <i>Don and Florence Fell RIP</i> 12.30pm Baptism <i>Dominik Gido</i> 4.00pm Stations of the Cross	8.30am Confessions 9.00am <i>People of the Parish</i>
Monday 11 th March	Feria	9.00am <i>Eileen Lovas RIP</i>	
		7.30pm Lent House Group, Swanage Road	
Tuesday 12 th March	Feria	3.40pm Funeral Service at Southend Crematorium Josephine Liggitt RIP	
		5.00pm Lent House Group, Manners Way	
			(5.00pm <i>Rosary and Mass in the Syro Malabar Rite</i>)
Wednesday 13 th March	Feria		10.00am followed by Exposition of the Blessed Sacrament and Benediction <i>Grace Millane RIP</i>
		7.00pm Lent House Group, Brunswick Road	
		7.30pm Deanery Lent Talk at Nazareth House (111 London Road, Westcliff) Fr Angelus Houle on "Spiritual warfare"	
Thursday 14 th March	Feria	1.30pm Lent House Group, Beaufort Street	
		6.30pm followed by Exposition of the Blessed Sacrament and Benediction <i>Intentions of Fr Gerry Drummond</i>	
Friday 15 th March	Feria	12 noon <i>Intentions of Yvonne and Felix Clinton</i>	
		2.00pm Lent House Group In St John Fisher Hall	
		<i>(7.00pm Polish Mass and Stations of the Cross)</i>	
Saturday 16 th March	Feria	10.00am to 10.45am Confessions	9.00am followed by Stations of the Cross <i>Intentions of Jean and Brian Dillon</i>
Saturday 16 th March	First Mass of Sunday	5.00pm Confessions 5.30pm <i>Intentions of Vanda Horton</i>	
Sunday 17 th March	Second Sunday of Lent (C)	(9.00am <i>Polish Mass</i>) 10.30am Confessions 11.00am <i>Annie Husk RIP</i>	8.30am Confessions 9.00am <i>People of the Parish</i> (11.30am <i>Mass in the Syro Malabar Rite</i>)
		4.00pm Ecumenical Stations of the Cross At St Luke's Anglican Church, St Luke's Rd, Southend-on-Sea SS2 4AB	

Additional Activity for Lent 2019

Saturday 9 March	9.30am Stations of the Cross at St John Fisher (immediately following the 9.00am Mass)
Sunday 10 March	4.00pm - Stations of the Cross at Sacred Heart
Monday 11 March	7.30pm - Lent House Group - Swanage Road
Tuesday 12 March	5.00pm - Lent House Group - Manner's Way
Wednesday 13 March	7.00pm - Lent House Group - Brunswick Road 7.30pm - Deanery Lent Talk - Nazareth House
Thursday 14 March	1.30pm - Lent House Group - Beaufort Road
Friday 15 March	2.00pm - Lent House Group in St John Fisher Hall
Saturday 16 March	9.30am Stations of the Cross at St John Fisher (immediately following the 9.00am Mass)
Sunday 17 March	4.00pm - Ecumenical Stations of the Cross at St Luke's Anglican Church
Monday 18 March	7.30pm - Lent House Group - Swanage Road
Tuesday 19 March	5.00pm - Lent House Group - Manner's Way
Wednesday 20 March	10.30am - Exposition of the Blessed Sacrament and Benediction at St John Fisher (immediately following the 10.00am Mass) 7.00pm - Lent House Group - Brunswick Road
Thursday 21 March	1.30pm - Lent House Group - Beaufort Road
Friday 22 March	2.00pm - Lent House Group in St John Fisher Hall
Saturday 23 March	9.30am Stations of the Cross at St John Fisher (immediately following the 9.00am Mass)
Sunday 24 March	4.00pm - Stations of the Cross at Sacred Heart
Monday 25 March	7.30pm - Lent House Group - Swanage Road
Tuesday 26 March	5.00pm - Lent House Group - Manner's Way
Wednesday 27 March	10.30am - Exposition of the Blessed Sacrament and Benediction at St John Fisher (immediately following the 10.00am Mass) 7.00pm - Lent House Group - Brunswick Road 7.30pm - Deanery Lent Talk - Nazareth House
Thursday 28 March	1.30pm - Lent House Group - Beaufort Road
Friday 29 March	2.00pm - Lent House Group in St John Fisher Hall
Saturday 30 March	9.30am Stations of the Cross at St John Fisher (immediately following the 9.00am Mass)
Sunday 31 March	4.00pm - Stations of the Cross at Sacred Heart
Monday 1 April	7.30pm - Lent House Group - Swanage Road
Tuesday 2 April	5.00pm - Lent House Group - Manner's Way
Wednesday 3 April	10.30am - Exposition of the Blessed Sacrament and Benediction at St John Fisher (immediately following the 10.00am Mass) 7.00pm - Lent House Group - Brunswick Road 7.30pm - Deanery Lent Talk - Nazareth House
Thursday 4 April	1.30pm - Lent House Group - Beaufort Road
Friday 5 April	2.00pm - Lent House Group in St John Fisher Hall
Saturday 6 April	9.30am Stations of the Cross at St John Fisher (immediately following the 9.00am Mass)
Sunday 7 April	4.00pm - Stations of the Cross at Sacred Heart (with the community from St Luke's)
Monday 8 April	7.30pm - Lent House Group - Swanage Road
Tuesday 9 April	5.00pm - Lent House Group - Manner's Way
Wednesday 10 April	10.30am - Exposition of the Blessed Sacrament and Benediction at St John Fisher (immediately following the 10.00am Mass) 7.00pm - Lent House Group - Brunswick Road 7.30pm - Deanery Lent Talk - Nazareth House 7.30pm - Deanery Reconciliation Service at St Helen's Westcliff
Thursday 11 April	1.30pm - Lent House Group - Beaufort Road
Friday 12 April	2.00pm - Lent House Group in St John Fisher Hall
Saturday 13 April	9.30am Stations of the Cross at St John Fisher (immediately following the 9.00am Mass)
Sunday 14 April	4.00pm - Stations of the Cross at Sacred Heart