



**Sacred Heart**  
Southend-on-Sea  
**St John Fisher**  
Prittlewell

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## PARISH NEWSLETTER

**11<sup>th</sup> February 2018 – Sixth Sunday of the Year (B)**

My dear friends

There is a story about an upper class lady in Oxford who attended mass soon after the new ruling about the kiss of peace was introduced after Vatican II. When someone turned to her to shake her hand she withdrew rather affronted and said 'I do not believe we have been introduced.' Crossing social barriers can be dangerous. We see this today in the Gospel when Jesus meets a leper. Leviticus laid down strict rules for dealing with contagious diseases like leprosy. They were harsh but necessary. The leper must be isolated from society and his loved ones until there was a cure. The Gospel reveals the desperation of this leper and the huge risk he and Jesus were taking in crossing a profound social gulf. Jesus could have just spoken a healing word, he could have raised his hand to bless, without making any bodily human contact. But notice how Jesus's gesture of touch is stressed: he stretched out his hand and touched the leper. And immediately he is healed. Why does Jesus insist on touching him and what is the significance of this miracle? The reason for touch is simple. Jesus touched him 'out of compassion'. He was able to sympathise with the suffering of the leper so that he willed to bring him out of his isolation. The Church is called to be what it should, a community where Jew and Gentile coexist and where the lonely, the isolated and today's 'lepers' and untouchables can find a home and a helping hand which is stretched out to them in welcome.

*Father Graham*

### **Stella Dawson Child Friendly Prayer Group**

The Prayer Group will not be meeting during half term and will reconvene on Wednesday 21<sup>st</sup> February at 10.00am in Sacred Heart Hall. If, during the holidays, you have an urgent prayer need please call Marianna on 07813 207497.

### **RCIA**

There is no RCIA meeting this week due to the half term holiday. The next meeting will be on Thursday 22<sup>nd</sup> February.

### **Baptism Preparation**

The next Course for parents and expectant parents who wish to have a child baptised at Sacred Heart or St John Fisher will be on Monday 14<sup>th</sup> May at 7.00pm in Sacred Heart Hall. Please pick up a form from the church porch to register for the course and request the Baptism. **Please note that in order for a child to be baptised, at least one of the parents must be a baptised catholic and a copy of the parent's baptism certificate must be attached to the application for the child's baptism. Parents are expected to attend a Preparation Course prior to the baptism of each of their children.**

### **Catholic Marriage Convalidation**

If you got married in a civil ceremony and would like to investigate having your marriage fully recognised by the Catholic Church, please speak to Fr Graham.

### **Some Future Dates.....**

... Deanery Lenten Talks at Nazareth House – 22<sup>nd</sup> February to 15<sup>th</sup> March (see next page of newsletter for details)

... Deanery Lent Reconciliation Service – Monday 12<sup>th</sup> March at Sacred Heart and 7.30pm

.. Palm Sunday – Sunday 25<sup>th</sup> March

... Easter Sunday – Sunday 1<sup>st</sup> April

... Ascension of the Lord, **Holyday of Obligation** - Thursday 10<sup>th</sup> May - Mass at 9.30am at Sacred Heart and 7.30pm at St John Fisher.

... Confirmations – Sunday 20<sup>th</sup> May

.... First Holy Communion Masses – Saturday 16<sup>th</sup> and Sunday 17<sup>th</sup> June – Mass at 2.00pm on both days.

... Ss Peter and Paul, **Holyday of Obligation** - Friday 29<sup>th</sup> June - Mass at 9.30am at Sacred Heart and 7.30pm at St John Fisher.

### **Sponsor John Smith for Cancer Research and Marie Curie**

John Smith is participating in the Swimathon 2018 to raise money for Cancer Research and Marie Curie. If you wish to donate please go to the just giving page at:- [www.justgiving.com/fundraising/John-Smith130](http://www.justgiving.com/fundraising/John-Smith130)

## **Ash Wednesday and Good Friday – Days of Fast and Abstinence**

Two days in the year – Ash Wednesday (14<sup>th</sup> February this year) and Good Friday – are given a special penitential character by the Church's tradition of "fast and abstinence" on these days.

"Abstinence" means that we do not eat meat on these days (this is the same traditional penance that is now encouraged for every Friday of the year). Vegetarians could consider cutting out dairy products or some treats as a way of taking part in the spirit of abstinence. Abstinence from meat on Fridays is expected of every adult Catholic (age 14+).

"Fasting" means that we eat only one main meal, although it is acceptable to have one or two light snacks to replace the other main meals that are not eaten. The practice of fasting on these two days is expected of every adult Catholic (age 18-58) who does not have a medical need to eat more.

These disciplines remind us of the special nature of Good Friday and Ash Wednesday and they unite our prayers and fasting with other Catholics throughout the world.

## **Stations of the Cross During Lent**

There will be ample opportunities to pray the Stations of the Cross in our parish during Lent. They will be on Friday (straight after 9.00am Mass at Sacred Heart), Saturday (straight after 9.00am Mass at St John Fisher) and on most Sundays (4.00pm at Sacred Heart). We are hoping to arrange an exchange with St Luke's Church for one Sunday afternoon and will publish details as soon as this is confirmed.

## **Deanery Lent Talks at Nazareth House, 111 London Road, Westcliff SS1 1PP**

All talks are on Thursday evenings at 7.30pm and will end with devotions and Benediction. Priests will be available to hear confessions. The Theme is 'The Ministries to which we are called'.

Thursday 22<sup>nd</sup> February - "The Pastoral Care of the Sick and the Dying" - Fr. Gerry Drummond, Parish Priest of Rochford and Hockley and Catholic Chaplain to Southend Hospital.

Thursday 1<sup>st</sup> March - 'Be it done unto me...' - Brian Holt, President of the Comitium for the Legion of Mary

Thursday 8<sup>th</sup> March - 'Here I am Lord' - Fr. Graham Smith, Parish Priest of Southend and Prittlewell and Diocesan Director of Vocations

Thursday 15<sup>th</sup> March - 'The Pastoral Formation of our Young People Abbotswick and Beyond...' - Speaker to be confirmed.

## **St John Fisher Children's Liturgy**

The next session will be on Sunday 18<sup>th</sup> February.

## **Congratulations to January's 200 Club Winners**

1st Prize – No. 134 – Loggi Nastili - £30. 2nd Prize – No. 51 – Terri Tanner - £15. 3rd Prize – No. 89 – Bobbie Nichols - £10.

For those who paid for six months or less Sandy and Liam will be contacting you during February to collect outstanding dues for 2017 / 2018 – thank you.

## **Appeal for Raffle Prizes and Bring and Buy Sale Items**

If you have any items to donate, please give them to an usher at Sacred Heart or place in the box under the repository at St John Fisher. Donations will be used for fundraising for the Parish Maintenance Fund.

## **Sponsor Milo to Chop the Mop**

Many of you know Milo Rouillion; he's best friends with Marcus McCarthy, an 11 year old who, as well as being a pretty awesome kid, also has cerebral palsy. Back in October 2015, Marcus had a major spinal operation called Selective Dorsal Rhizotomy (SDR) which is the only surgical procedure that permanently reduces or eliminates stiffness and spasticity in the legs, and the results since have already shown massive improvements. To continue improving, Marcus has regular specialist physiotherapy, costing a total of £23,000 which will enable him to one-day walk unaided. So far the charity **Move a Mountain 4 Marcus** has raised an amazing £15,000 but there's still another £8,000 to go.

Milo wants to raise as much money as possible for Marcus, so he is asking you to sponsor him get his hair cut. He'll Chop the Mop on Friday 2<sup>nd</sup> March even though he has been growing it for 2 years and loves it so much! (As well as raising money for Marcus, Milo will also donate his hair to The Little Princess Trust; a charity that provides real hair wigs free of charge to children and young adults up to the age of 24, who have sadly lost their own hair due to cancer treatment and other illnesses.) If you would like to donate to this wonderful cause, please see Milo and Marianna after Mass next weekend, Text MMFM91 £5 to 70070 or go to [www.justgiving.com/moveamountain4marcus](http://www.justgiving.com/moveamountain4marcus).

## **Sacred Heart Film Club Presents – Victoria & Abdul (Cert. 12)**

Join us in Sacred Heart Church Hall on Saturday 17<sup>th</sup> February immediately following the 5.30pm Mass for a 7.00pm screening. Queen Victoria strikes up an unlikely friendship with a young Indian clerk named Abdul Karim. Entry free, however, bacon rolls or soup-and-a-roll available at £2 (limited supplies so on a first come first served basis) to warm you on a cold winters evening as you enjoy this remarkable film in which Judi Dench is resplendent. We look forward to welcoming you. Social Committee.

## Shroud of Turin Exhibition – Our Lady Immaculate Church, Chelmsford

An exhibition about the Shroud of Turin, including a full sized replica of the Shroud, will take place at Our Lady immaculate Church, Chelmsford from 5<sup>th</sup> to 11<sup>th</sup> March. The exhibition opens with Mass at 7.30pm on Monday 5<sup>th</sup> March. Each day there are confessions, Stations of the Cross and Mass. The week culminates with Mass at 12noon on Saturday 10<sup>th</sup> March. The exhibition will remain in place on Sunday 11<sup>th</sup> March. The church is open from 7am until 8pm each day. If you would like to know more about this, please contact the parish office on 01245 352898, or simply come along to church that week. Everyone is very welcome.

**Fr Graham is planning to visit the Exhibition on Monday 5<sup>th</sup> March and be there for the 7.30pm Mass. If you would like to go with him please either email the Parish Office or put your name and contact details on a piece of paper and put through the Sacred Heart Presbytery letterbox. It is hoped that some people will drive and offer lifts to others who want to go.**

## 2018 Diocesan Pilgrimage to Lourdes

Bishop Alan will lead our annual pilgrimage from Monday 23<sup>rd</sup> to Saturday 28<sup>th</sup> July. We shall be accompanied by an experienced medical team and there is plenty of help for those with mobility needs. The pilgrimage is no less ideal for couples, individuals, and groups of friends; all are welcome. There is a full programme to opt in and out of. Brochures are now available in the porches. For more information or for a brochure, please 'phone the pilgrimage administrator Cathy O'Connor: 01206 735623.

## FOSH - Quiz Night

Feeling clever then come along to our Quiz night, Friday 16<sup>th</sup> March at 7.30pm in the school hall. The price includes either a hotdog or hamburger, but please bring your own drinks and nibbles. £7 an adult & child £3 (with a maximum of 8 in a team)

You don't have to have children in the school to join in the fun, everyone is welcome. Please see Michelle Truter- Banks 07982 429691.

## Are You Going into Hospital?

If you go to hospital, make sure you tell the staff that you are Catholic and that you would like a priest to visit, otherwise the Chaplain has no way of knowing that you wish a visit. If you know of a relative or friend who is in hospital, make sure your parish priest knows, and he can arrange for the Chaplain to visit. The Chaplain for Southend Hospital is Fr Gerry Drummond, who can be reached through the hospital switchboard at 01702 435555.

## National Marriage Week

Please pray for all couples across the diocese preparing to get married in the coming year, and pray also for all couples experiencing difficulties in their marriage. If you would like to find out about opportunities to help with marriage preparation, relationship counselling or helping young people explore what marriage is about, please contact the marriage and family life department on [marriage@dioceseofbrentwood.org](mailto:marriage@dioceseofbrentwood.org). Follow us on Twitter @BrentwoodMandFL. If you are experiencing difficulties in your own marriage, Marriage Care may be able to help – call 0800 389 3801.

## Gift Aid

Gift Aid is linked to basic rate tax (payable on income over £11,500.00 in 2017-18). If your circumstances have changed and you are no longer a tax payer please notify Sue in the Parish Office as soon as possible. Additionally, if you pay less Income Tax and/or Capital Gains Tax in any tax year that the amount of Gift Aid claimed on your donations, it is your responsibility to pay any difference.

<b>Collections of Food and Toiletries</b>		
	<b>Dates</b>	<b>Priority Items</b>
HARP	3 <sup>rd</sup> and 4 <sup>th</sup> March	Coffee, teabags, sugar and toiletries.
Foodbank	10 <sup>th</sup> and 11 <sup>th</sup> February 17 <sup>th</sup> and 18 <sup>th</sup> February	<b>Tinned vegetables</b>

## Polite Reminder from the Southend Foodbank

Just a polite notice to anyone who kindly donates food to the Southend Foodbank. All items donated should be within date, sealed, unused, dent free, rust free, and soil free. Can you please also ensure that items are not stored anywhere they may come into contact with rodents. Our oldest donated food was a pot of curry powder dated October 1995! Thank you to everyone who donates to the Foodbank.

## Lost Property Items in St John Fisher Hall

There are lots of "lost property" items in the hall (as you walk from the hall into the back room) – please have a look and if any of it is yours, please take it home as soon as possible.

## Regular Bookings for Sacred Heart Hall

Sacred Heart Hall is available for hire on a regular weekly basis. If you know of any groups (eg slimming clubs etc) that may be interested in booking the hall, please ask them to contact Sue in the Parish Office.

## **Beginning Experience**

This is a healing weekend for men and women who find themselves single again following separation, divorce or the death of a partner. From 20<sup>th</sup> to 22<sup>nd</sup> April at the Domus Mariae Centre, Chigwell, Essex. Details available from Freda 01322 838415, Sandra 01293 783965 or email [johnbrotherton@hotmail.co.uk](mailto:johnbrotherton@hotmail.co.uk).

## **Women's World Day of Prayer 'All God's Creation is Very Good'**

This year's Women's World Day of Prayer will be held on Friday 2<sup>nd</sup> March at 10.30am at The Salvation Army, Clarence Street, Southend. Praying for Suriname. A Service for Everyone. Please come along and be part of a great wave of prayer encircling our globe.

Suriname is a beautiful country in South America. This year the women of Suriname urge us to cherish God's exquisite gift of Creation and commit ourselves to caring for God's world responsibly, so that we may pass it on, unspoiled, to future generations. 'Lord God, listen to our prayer. Masra Gado, arki ie begi.'

## **Thank you from the Knights of St Columba (KSC)**

The KSC Southend would like to thank the parish and parishioners for the continued support shown to us over the last few years, especially as we have just been awarded the CAFOD Live Simply group status for living sustainably, supporting others in solidarity and living simply. We couldn't have done it without the support of others with the activities we have carried out to support our local parishes, and we will continue with the work we have done to get this far and we will continue to support our clergy. Thank you

## **Mass for Deceased Altar Servers**

At St Vincent de Paul Church, Becontree on Saturday 10<sup>th</sup> March at 11.00am (please arrive by 10.30am. Vesting and entrance procession will be from St Vincent's Catholic Primary School, Burnside Rd, Dagenham, Essex RM8 2JN). Please bring your own alb / cassocks and cottas. Light lunch and refreshments will be provided after Mass. Great opportunity to meet your fellow Altars Servers in the Diocese. All welcome. Please email to [becontree@dioceseofbrentwood.org](mailto:becontree@dioceseofbrentwood.org) by 28<sup>th</sup> February if you and your priest wish to attend.

## **Mass for People with Special Needs, their Carers and Others**

Bishop Alan will be celebrating a special Mass at Brentwood Cathedral on Saturday 17<sup>th</sup> February at 3.00pm. All are welcome, especially, those with Special Needs and their Carers. We hope to see many of you there.

## **Healing Mass at Kelvedon – Friday 16<sup>th</sup> February at 2.00pm**

All are welcome to this Healing Mass celebrated by Fr Eamon Power. At St Mary Immaculate and the Holy Archangels, Church Street, Kelvedon CO5 9AH. More details from Angie Hart [mahart66@outlook.com](mailto:mahart66@outlook.com)

## **Spirituality Seminar**

"Lent" - Saturday 24<sup>th</sup> March - 10.30am-12.00noon. Fr Martin Boland, Cathedral Dean. At Cathedral House, Ingrave Road, Brentwood CM15 8AT. Contact [jude@dioceseofbrentwood.org](mailto:jude@dioceseofbrentwood.org) or 01277 265285.

## **Brentwood Catholic Children's Society Annual Charity Ball**

At The Rayleigh Club, Hullbridge on Saturday 10<sup>th</sup> March. Tickets cost £55 per person, which will include a drinks reception and three course dinner along with a full evening of entertainment. Tickets available from Julie 01268 784544, 07912 277413 or [jabbott@bccs.org.uk](mailto:jabbott@bccs.org.uk).

## **St Helen's Catholic Primary School (Canning Town) at 110 years**

The school is appealing to all past pupils or their relatives. They are seeking copies of old school photographs, reports and records as part of the preparations for their 110th anniversary. The school is particularly looking for photographs and information from 1907-1941 as original documents were destroyed in the blitz. Please contact 020 7476 1785 or email: [info@st-helens.newham.sch.uk](mailto:info@st-helens.newham.sch.uk).

## **Preparing for Holy Week**

On Wednesday 7<sup>th</sup> March from 7.00pm to 8.30pm, Fr David Manson will be presenting a talk entitled 'Preparing for Holy Week'. This 'Gidea Park Faith Evening' will take place in the hall at Gidea Park Catholic Church (410 Brentwood Road, Gidea Park, RM2 6DH). Please book by email to [GPstudydays@gmail.com](mailto:GPstudydays@gmail.com) Refreshments provided. Admission free.

## **World Youth Day, 16<sup>th</sup> – 30<sup>th</sup> January 2019**

Travel with the Brentwood Catholic Youth Service to Costa Rica and Panama; gather with over a million young people from across the world, together with our Pope. Age 17(school year 12)-27 when we travel. Cost £1,750. More details of this "once in a lifetime" opportunity at [www.bcys.net](http://www.bcys.net), email [frdominic@dioceseofbrentwood.org](mailto:frdominic@dioceseofbrentwood.org) or come to the information evening on Sunday 18<sup>th</sup> February 5.00-8.00pm, Walsingham House at Abbotswick, Navestock Side, Nr Brentwood, CM14 5SH. Places are limited.

## **Huge Jumble Sale at Nazareth House – Saturday 24<sup>th</sup> February**

Starting at 10.45am at Nazareth House, 111 London Road, Westcliff-on-Sea, SS1 1PP. Clothing, curtains, shoes, handbags, books, toys and games all available.

## **Government Consultation about Banning Pro-Life Vigils Outside Abortion Centres**

The Government has launched a consultation as part of their plans to move pro-life vigils away from abortion centres. Since 2012, over 1000 women have kept their babies in London alone through help offered at these vigils. There have been no arrests, charges or evidence of harassment or intimidation at these vigils. Please defend the vigils and reply to the National Consultation before 19<sup>th</sup> February. You can post a response to: Abortion Clinic Protest Review Team, Police Powers Unit, Home Office, 2 Marsham Street, London SW1P 4DF Or by email at [ACPRReview@homeoffice.gsi.gov.uk](mailto:ACPRReview@homeoffice.gsi.gov.uk) You can respond by completing the online survey at <http://bit.ly/2Bsqr4q> For more information see [www.goodcounselnetwork.com](http://www.goodcounselnetwork.com) or call us on 020 7 723 1740.

## **Information and Consultation about Local Health Services**

To take part in a consultation on local health and care services - details are at [nhsmidandsouthessex.co.uk](http://nhsmidandsouthessex.co.uk)

A meeting is planned on Thursday 1<sup>st</sup> March - please see the poster in the porch for time, location etc. If you intend to go, you will need to book a place.

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## **Money**

Offertory - Sunday 4<sup>th</sup> January 2018

£997.35

There is a second collection this weekend for the Diocesan Lourdes Sick and Helpers Pilgrimage Fund.

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## **Frank Condon RIP**

Please pray for the repose of the soul of Frank Condon who died on 21<sup>st</sup> January. Frank and his wife Marie were parishioners of Sacred Heart for many years before moving to York.

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## **Sick Parishioners**

Please pray for our sick parishioners and friends, especially; for Jack Allen, Val Armitage, Charmaine Arnold, Marie Biner, Andrew Bines, Julie Borg, Barbara Briggs, David Bunce, Richard Campbell-Carr, Eric Carpenter, Sena Carson, Jenny Chappell, Paul Clark, Chris Coath, Ann Cummings, Mary Curtis, Emily Davis, Bernadette Dawson, John Dermody, Richard Dixon, Pam Dobson, Helen Escott, (baby) Harleigh Farrar, Roy Fitchew, Katie Fitzpatrick, Dorothy George, Lesley Googe, Paul Gunn, Anthony Herman, Joseph Honeyands, Katie Honeyands, Ann Husk, Bartley Igoe Jnr, Teresa Igoe, Alex Jackson, Peter Last, Margaret Lee, Tony Lee, Elaine Liddon, Eileen Lovas, "Dana" Danuta Luniewski, Barbara Ann McLoughlin, Joy May, Carol Middleton, James Moloney, Patrick Moroney, Dr Johnson Odufuwa, Margaret Parsad, Mary Rand, Sister Marika Rebicsek, Irene Reynolds, Jane Richardson, Anita Rogers, Geraldine Scraggs, Kaisha Secre, Jane Smart, Michael Smith, Daniel Snelling, Bill Spencer, Geraldine Stephens, Patricia Walford, Jenny Warren and Monty Wood.

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## **Rest in Peace**

Please remember and pray for those who have died, especially those whose anniversaries fall about this time: Fr William Smith, Canon Bernard Manning, Patricia Cossey, Teresa Joslin, Frank Bealer, F E M Brown, Maurice Klous, Robert Tanner, Daniel Morris, Esther Slowman, Paul Cahill, Mat Cahill, Paddy Rock, Lillian Tanner, Bridget Pack, Fr Charles Snell, David Skerritt, Edward King, Leonard Hermitage, Shelagh Scott, Catherine Prior, Antonio Cipriano, George Major, Sydney Turner, Dominic Keaney, Nellie Turnidge, Myrtle Hayter, Susannah Mulhern and Beatrice Valade.

Masses and Services		Sacred Heart	St John Fisher
<b>Saturday 10<sup>th</sup> February</b>	First Mass of Sunday	<b>5.30pm</b> <i>People of the Parish</i>	
<b>Sunday 11<sup>th</sup> February</b>	<b>Sixth Sunday in Ordinary Time</b>	9.00am <i>Polish Mass</i> <b>11.00am</b> <i>Miklos Lovas RIP</i>	<b>9.00am</b> <i>Shirley Corboy RIP</i>
Monday 12 <sup>th</sup> February	Feria	9.00am <i>David Percival RIP</i>	
Tuesday 13 <sup>th</sup> February	Feria		9.30am <i>Kathleen Horvers</i>
Wednesday 14 <sup>th</sup> February	<b>Ash Wednesday</b>	<i>(No Stella Dawson Child Friendly Prayer Group today)</i> <b>9.30am</b> <i>Bob Stephens RIP</i>	<b>7.30pm</b> <i>Mrs D Wilson RIP</i>
Thursday 15 <sup>th</sup> February	Feria	6.30pm <i>(no RCIA meeting tonight)</i> <i>Ken Rand RIP</i>	
Friday 16 <sup>th</sup> February	Feria	9.00am <b>followed by Stations of the Cross</b> <i>Sheila Willison RIP</i>	
<b>Saturday 17<sup>th</sup> February</b>	Feria	10.00am to 10.45am Confessions	9.00am <b>followed by Stations of the Cross</b> <i>Ernie Stimpson RIP</i>
<b>Saturday 17<sup>th</sup> February</b>	First Mass of Sunday	<b>5.30pm</b> <i>Deirdre Macquire Ingleson RIP</i>	
<b>Sunday 18<sup>th</sup> February</b>	<b>First Sunday in Lent</b>	<b>9.00am</b> <i>Polish Mass</i> <b>11.00am</b> <i>Mollie Keeble RIP</i> <b>4.00pm Stations of the Cross</b> <b>3.00pm Rite of Election for RCIA candidates at Brentwood Cathedral</b>	<b>9.00am</b> <i>People of the Parish</i>

**The Angelus** will be recited 5 minutes before Sunday (and Saturday 5.30pm) Masses from next weekend.

**Rosary** - The Rosary is said in both Churches before the Saturday evening and Sunday morning Masses. It is also said at Sacred Heart after 9.00am weekday masses and 6.30pm when there is evening Mass.

**Morning Prayer** begins 15 minutes before weekday Masses

### Mass Text for 11<sup>th</sup> February – Sixth Sunday of the Year (B)

**Entrance Antiphon** Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

**First Reading** Leviticus 13: 1-2. 44-46

**Psalm** Psalm 31:1-2, 5, 11 response v7

Response: **You are my refuge, O Lord; you fill me with the joy of salvation.**

- 1 Happy the man whose offence is forgiven, whose sin is remitted.  
O happy the man to whom the Lord imputes no guilt, in whose spirit is no guile.
- 2 But now I have acknowledged my sins my guilt I did not hide.  
I said: "I will confess my offence to the Lord." And you, Lord, have forgiven the guilt of my sin.
- 3 Rejoice, rejoice in the Lord, exult, you just!  
O come, ring out your joy, all you upright of heart.

**Second Reading** 1 Corinthians 10: 31-11:1

**Gospel Acclamation** Alleluia, alleluia! May the Father of our Lord Jesus Christ enlighten the eyes of our mind, so that we can see what hope his call holds for us. Alleluia!

**Gospel** Mark 1: 40-45

**Communion Antiphon** They ate and had their fill, and what they craved the Lord gave them; they were not disappointed in what they craved.

**Next Sunday's Readings** 1 Peter 3:18-22

Genesis 9: 8-15

Mark 1: 12-15

Psalm 24:4-9 response v 10