



**Sacred Heart**  
Southend-on-Sea  
**St John Fisher**  
Prittlewell

Parish Priest. Fr Graham Smith

The Presbytery  
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## PARISH NEWSLETTER

**26<sup>th</sup> February 2017 – Eighth Sunday of the Year (A)**

### **Social Committee Coffee Morning – Today!**

The Social Committee invites you to enjoy a bacon roll or cheese ploughman's after Mass today (Sunday) in Sacred Heart Hall. All proceeds to go to Social Committee Funds.

### **Frazzle Café – continues this Wednesday!**

Straight after the 12 noon Mass until 1.30pm in Sacred Heart Hall.

### **Becoming a Catholic - RCIA**

The next session is on Thursday 2<sup>nd</sup> March at 8.00pm in the Sacred Heart Presbytery. The session will be on Grace and the Beatitudes.

### **Marriage Course**

The Marriage Course continues in the Monday evening at 7.00pm in Sacred Heart Hall.

### **Collections of Food and Toiletries**

	<b>Dates</b>	<b>Priority Items</b>
HARP	4 <sup>th</sup> -5 <sup>th</sup> March	Coffee, teabags, sugar and toiletries.
Foodbank	25 <sup>th</sup> -26 <sup>th</sup> February	Long life puddings and meat meals.

### **Masses and Services this Week**

There are some changes to Masses this week. Please see details at the end of the newsletter.

### **First Holy Communion Programme – Reminder!**

Would parents please ensure that the "date" forms are returned to the Sacred Heart Presbytery by next Sunday (5<sup>th</sup> March).

### **Faith Study Group Meeting - Thursday 2<sup>nd</sup> March**

From 1.30pm to 3.00pm. For details please call Sandy Stidston 01702 467188. Everyone is welcome. For details of the evening session, please contact, Barbara Solomons on 07500 175994.

## **Ash Wednesday and Good Friday**

Two days in the year – Ash Wednesday (1<sup>st</sup> March this year) and Good Friday (14<sup>th</sup> April this year) – are given a special penitential character by the Church's tradition of "fast and abstinence" on these days.

"Abstinence" means that we do not eat meat on these days (this is the same traditional penance that is now encouraged for every Friday of the year). Vegetarians could consider cutting out dairy products or some treats as a way of taking part in the spirit of abstinence. Abstinence from meat on Fridays is expected of every adult Catholic (age 14+). "Fasting" means that we eat only one main meal, although it is acceptable to have one or two light snacks to replace the other main meals that are not eaten. The practice of fasting on these two days is expected of every adult Catholic (age 18-58) without a medical need to eat more.

### **Feed My Lambs - Lenten Talks**

All are welcome to join us on a retreat led by Magdalen Houlihan (formerly of Clare Priory). The sessions will include – Silent Prayer; Centring Prayer; Practical Bible Reading & New Appreciation of the Eucharist. Tea, coffee and soft drinks are provided. There is no charge but a small donation towards Magdalen's petrol would be appreciated.

### **Sacred Heart Church Hall – 6.45pm to 9.30pm**

Friday 3rd March - Knowing Christ Jesus

Friday 17th March - Following Christ Jesus

Friday 31st March - Being in the Presence of Christ Jesus in our World

Friday 7th April - The Witness of the Messenger "May they see you live what you preach" Pope Francis

### **Saint John Fisher Church Hall - 12.30pm to 3.30pm**

Saturday 4th March - Knowing Christ Jesus

Saturday 18th March - Following Christ Jesus

Saturday 1st April - Being in the Presence of Christ Jesus in our World

Saturday 8th April - The Witness of the Messenger "May they see you live what you preach" Pope Francis

No need to book – just turn up! Organised by the Stewards of the Gospel we very much look forward to you joining us.

## **Stations of the Cross During Lent**

There will be ample opportunities to pray the Stations of the Cross in our parish during Lent. They will be on Friday (straight after 9.00am Mass at Sacred Heart), Saturday (straight after 9.00am Mass at St John Fisher) and Sunday (4.00pm at Sacred Heart) except on Sunday 19th March when we will go to St Luke's for Ecumenical Stations of the Cross at 4.30pm. The community from St Luke's will join us on Sunday 2nd April.

## **Parish Magazine**

The next magazine will be published on 1<sup>st</sup>-2<sup>nd</sup> April. Your contributions are vital so please get writing. The deadline for articles is Sunday 19<sup>th</sup> March. Please hand them to Paul Nicholson or Liam Rand (07952 954833 or [liam.rand@btopenworld.com](mailto:liam.rand@btopenworld.com)). If you wish to place an advert please speak to Sandy 07875 124159 for details.

## **Lourdes Pilgrimage 2017 – Places still available!**

Diocesan Lourdes Pilgrimage 4 night package from Monday 24<sup>th</sup> (morning flight) - Friday 28<sup>th</sup> July 2017 (evening flight). Please pick up a flyer from the porch. If you want to go, please let Fr Graham or Sue in the Parish Office know as soon as possible.

## **Applications to the Sacred Heart School Nursery**

If you are applying to a Sacred Heart Nursery for a Nursery place during the 2017-18 academic year, you may wish to ask Fr Graham for a Certificate of Catholic Practice. Appointments will be held during week commencing 6<sup>th</sup> March – please sign up on the sheets at the back of Sacred Heart. If you attend St John Fisher, please ring 01702 465720.

**You will need to bring the child's baptism certificate to the appointment, if you don't have it, please contact the parish of baptism and request a duplicate.**

## **Sacred Heart Film Club – I, Daniel Blake (cert. 15)**

Wednesday 8<sup>th</sup> March in Sacred Heart Church Hall – 6:30pm for 7pm screening. A 59 year old carpenter recovering from a heart attack befriends a single mother and her two kids as they navigate their way through the impersonal nightmare which is the benefits system. With equal amounts of humour, warmth and despair, the journey is heartfelt and emotional until the end. Free entry – usual refreshments available.

## **Charity Breakfast**

Saturday 25<sup>th</sup> March (9.30am for a 10.00am start) at Sacred Heart Hall. Cooked breakfast followed by a talk by Mick Davey, from Essex Savers net Credit Union about a more ethical way of banking and how we can all assist those less privileged in society denied normal banking facilities. As Essex Savers is not a charity, the profit raised will be put towards the replacement of Altar Server's Albs. Adults £5 – Children £2.50. If you cannot make this event please consider giving a donation – thank you.

To book for the Breakfast or request a lift to the Film please speak to Sandy or Liam (07952 954833 or [liam.rand@btopenworld.com](mailto:liam.rand@btopenworld.com)).

## **Wanted - Ground Floor Flat to Rent**

In the Southchurch/Southend area and where a cat would be welcome. Please ring 01702 31177 if you can help.

## **Pilgrimage to Walsingham, 22<sup>nd</sup> July – Save the Date**

Travel by coach to join the Brentwood Diocesan Centenary Pilgrimage to Walsingham. Details to follow. Liam Rand 07952 954833.

## **FOSH - Bingo Night**

Friday 3<sup>rd</sup> March at 7.30pm in Sacred Heart School Hall. Please see Michelle Truter-Banks or ring 07982 429691.

## **Women's World Day of Prayer –Friday 3<sup>rd</sup> March**

Our local service will be at St Helen's Church, Milton Road, Westcliff at 10.30am. The Day of Prayer is not just for women – all welcome.

## **Pilgrimage to World War I Cemeteries and Battlefields**

Tuesday 30<sup>th</sup> May - It is rare to find a single family that hasn't been scarred by this most brutal of wars. The Knights of Saint Columba grew out of this human tragedy. As our centenary approaches we will follow in our ancestors footsteps on this incredibly emotional pilgrimage to Passchendaele's battlefield, New British Cemetery and many of the famous landmarks including the Memorial Museum, before travelling on to Ypres where you are free to visit the Menin Gate, where 54,000 names of men are displayed who were lost in battle, the World War I museum, enjoy a meal in one of the many restaurants, before gathering at the Menin Gate for the last post and heading home. Pick up points 6:45am Sacred Heart Church - 6:55am Nazareth House and 7:05am Our Lady of Lourdes Church. Due back in Southend shortly after midnight. Passports are required. Adults £49 – Children Free (8 places only on a first come first served basis thereafter children will need to pay £49). Tickets available from Liam Rand 07952 954833 ([liam.rand@btopenworld.com](mailto:liam.rand@btopenworld.com)) or Damian Dillon 07887 678741.

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## **Money**

Offertory Sunday 19<sup>th</sup> February 2017

£988.80

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## **Baptism Congratulations**

Congratulations to the family of Marnie Reeve who was baptised last weekend.

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## **Milly Wake RIP**

Please pray for the repose of the soul of Milly Wake who died on 8th February. Her Requiem Mass will be on Wednesday 15th March at 12 noon at Sacred Heart. The family have requested that there be no flowers and, to fulfil a request from Milly, that donations be made towards a Parish Fund to help people to go to Lourdes. To donate on-line, go to <http://www.quiver.co.uk>, click on "donate" and type "Milly Wake" next to name.

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## **Gloria Smith RIP**

Please pray for the repose of the soul of Gloria Smith (Fr Graham's mum) who died on 6<sup>th</sup> February. Her Requiem Mass will be on Monday 27<sup>th</sup> February at 12 noon at St Helen's, Westcliff.

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## **Josephine Trinder (nee Parisio) RIP**

Please pray for the soul of, Josephine Trinder (former parishioner of Sacred Heart and latterly of St Theresa's Rochford) who died on 16<sup>th</sup> January. Her Requiem Mass is on Tuesday 28<sup>th</sup> February at St Teresa's, Rochford at 11.15am. Contact Stephen Trinder - 07802 819442.

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## **Rest in Peace**

Please remember and pray for those who have died, especially those whose anniversaries fall about this time; Walter Ford, William Harty, Mgr Jules Van Meenen, Mary Gallagher, Thomas Butler, Ernest Tobias, Ethel Inge, Winifred Britton, Fr David Chapman, Norbert Donbavand, Thomas Tweedie, Ann Christmas, Roberto Bonora, Fr John Wall, Angela James, Hilda Frampton, Valerie Hunt, Keith McBrearty, Christine Gretton, William Wright, Marietta Nottage, John Frain, Thomas Griffiths, Doris Laguna, Marie Richardson, Reg Serjeant, Marcy Cooksey, Francis Wallace, Leslie Paterson, Edward McFall, Fr Francis Hastings, Margaret Moynihan, John James Culkin, Sheila Stubbs and Peter Joseph McCarthy.

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## **Sick Parishioners**

Please pray for our sick parishioners and friends, especially; for Jack Allen, Val Armitage, Charmaine Arnold, Marie Biner, Andrew Bines, Julie Borg, David Bunce, Richard Campbell-Carr, Eric Carpenter, Sena Carson, Jenny Chappell, Paul Clark, Chris Coath, Ann Cummings, Mary Curtis, Emily Davis, Bernadette Dawson, John Dermody, Pam Dobson, Helen Escott, Roy Fitchew, Laura Fulu, Katie Fitzpatrick, Binella French, Dorothy George, Margaret Gibbons, Clare Giffen, Lesley Googe, Katie Honeyands, Ann Husk, Bartley Igoe Jnr, Teresa Igoe, Alex Jackson, Kiesha, Alex Lawson, Margaret Lee, Tony Lee, Elaine Liddon, "Dana" Danuta Luniewski, Barbara McHugo, Barbara Ann McLoughlin, Carol Middleton, James Moloney, Dr Johnson Odufuwa, Margaret Parsad, Mary Rand, Sister Marika Rebicsek, Irene Reynolds, Jane Richardson, Anita Rogers, Francoise Simpson, Jane Smart, Daniel Snelling, Bill Spencer and Patricia Walford.

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**Masses and Services** *In addition to the details on the next page, please note:*

**Morning Prayer** begins 15 minutes before weekday Masses.

**Rosary** - The Holy Rosary is said in both Churches before the Saturday evening and Sunday morning Masses. It is also said at Sacred Heart after 9.00am weekday masses and 6.30pm when there is evening Mass.

<b>Masses and Services</b>	<b>Sacred Heart</b>	<b>St John Fisher</b>
<b>Saturday 25<sup>th</sup> February</b> <b>First Mass of Sunday</b>	<b>5.30pm</b> <i>Anthony Long RIP</i>	
<b>Sunday 26<sup>th</sup> February</b> <b>Eighth Sunday in Ordinary Time</b>	9.00am <i>Polish Mass</i> <b>11.00am</b> <i>People of the Parish</i>	<b>9.00am</b> <i>Giuseppa Palombo RIP</i>
Monday 27 <sup>th</sup> February Feria	9.00am Service of the Word and Holy Communion	
Tuesday 28 <sup>th</sup> February Feria		9.30am <i>Service of the Word and Holy Communion</i>
Wednesday 1st March <b>Ash Wednesday</b>	9.30am <i>(with the children and staff from Sacred Heart School) Dr Simon Diab and Joseph and Fidi Anayssi RIP</i> 10.30am Stella Dawson Child Friendly Prayer Group <i>in the hall</i> 12 noon <i>Audrey Rice RIP</i>	7.30pm <i>Bob Ambrose RIP</i>
Thursday 2 <sup>nd</sup> March Feria	7.00pm <i>(Followed by Exposition of the Blessed Sacrament and Benediction)</i> <i>Milly Wake RIP</i>	
Friday 3 <sup>rd</sup> March Feria	9.00am <b>(followed by Stations of the Cross)</b> <i>James and Louisa Mary Twort RIP</i>	
Saturday 4 <sup>th</sup> March Feria	10.00am to 10.45am Confessions	9.00am <b>(followed by Stations of the Cross)</b> <i>Canon John McDonald RIP</i>
<b>Saturday 4<sup>th</sup> March</b> <b>First Mass of Sunday</b>	<b>5.30pm</b> <i>Intentions of Linda and Ian Banks on the occasion of their 50<sup>th</sup> Wedding Anniversary</i>	
<b>Sunday 5<sup>th</sup> March</b> <b>First Sunday in Lent</b>	9.00am <i>Polish Mass</i> <b>11.00am</b> <i>In thanksgiving - Fernando family</i> <b>1.00pm Baptism</b> <i>Olivia Liwena</i> <b>4.00pm Stations of the Cross</b>	<b>9.00am</b> <i>People of the Parish</i>

**The Angelus** is recited 5 minutes before Sunday (and Saturday 5.30pm) Masses.