



Sacred Heart
Southend-on-Sea
St John Fisher
Prittlewell

Parish Priest. Fr Graham Smith

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PARISH NEWSLETTER

19th February 2017 – Seventh Sunday of the Year (A)

Frazzle Café – continues this Wednesday!

Straight after the 12 noon Mass until 1.30pm in Sacred Heart Hall.

Becoming a Catholic - RCIA

The next session is on Thursday 23rd February at 8.00pm in the Sacred Heart Presbytery. The session will be on Natural Law and the Ten Commandments.

Stewards of the Gospel – Shaping our Future

Please pray for our Stewards of the Gospel and clergy as they meet in Brentwood next weekend to discuss and plan the future of our Diocese. For those who did not get a copy of the leaflet last weekend, copies are now available in the porches.

Marriage Course

We will be running a seven week Marriage Course on Monday evenings from 20th February to 3rd April at 7.00pm in Sacred Heart Hall. The Course is designed for any married couple wishing to build a strong and lasting relationship. If you wish to attend please complete a form and give it to Fr Graham or put it through the Sacred Heart Presbytery letterbox as soon as possible.

Collections of Food and Toiletries

	Dates	Priority Items
HARP	4 th -5 th March	Coffee, teabags, sugar and toiletries.
Foodbank	18 th -19 th February 25 th -26 th February <i>Donations of toilet rolls would also be appreciated.</i>	Long life sponge puddings, meat meals (tinned pies, curry, corned beef etc), mash, tea bags and long life fruit juice.

Social Committee Coffee Morning

The Social Committee invites you to enjoy a bacon roll or cheese ploughman's after Mass on Sunday 26th February in Sacred Heart Hall. All proceeds to go to Social Committee Funds.

Baptism Preparation

The next Course for parents and expectant parents who wish to have a child baptised at Sacred Heart or St John Fisher will be on Monday 15th May at 7.00pm in Sacred Heart Hall. Please pick up a form from the church porch to register for the course and request the Baptism.

Ash Wednesday and Good Friday – Days of Fast and Abstinence

Two days in the year – Ash Wednesday (1st March this year) and Good Friday (14th April this year) – are given a special penitential character by the Church's tradition of "fast and abstinence" on these days.

"Abstinence" means that we do not eat meat on these days (this is the same traditional penance that is now encouraged for every Friday of the year). Vegetarians could consider cutting out dairy products or some treats as a way of taking part in the spirit of abstinence. Abstinence from meat on Fridays is expected of every adult Catholic (age 14+).

"Fasting" means that we eat only one main meal, although it is acceptable to have one or two light snacks to replace the other main meals that are not eaten. The practice of fasting on these two days is expected of every adult Catholic (age 18-58) who does not have a medical need to eat more.

These disciplines remind us of the special nature of Good Friday and Ash Wednesday and they unite our prayers and fasting with other Catholics throughout the world.

Stations of the Cross During Lent

The Stations of the Cross are a 14-step Catholic devotion that commemorates Jesus Christ's last days on Earth as a man. The 14 devotions, or stations, focus on specific events of His last day, beginning with His condemnation. The stations are commonly used as a mini pilgrimage as the individual moves from station to station. At each station, the individual recalls and meditates on a specific event from Christ's last day. Specific prayers are recited, then the individual moves to the next station until all 14 are complete. The Stations of the Cross are commonly found in churches as a series of 14 small icons or images. They can also appear in church yards arranged along paths.

There will be ample opportunities to pray the Stations of the Cross in our parish during Lent. They will be on Friday (straight after the 9.00am Mass at Sacred Heart), Saturday (straight after the 9.00am Mass at St John Fisher) and Sunday (at 4.00pm at Sacred Heart). We are hoping to arrange an exchange visit for Ecumenical Stations of the Cross with St Luke's and will publish details once known. Please come along and prepare yourself for the coming Easter season.

Lourdes Pilgrimage 2017

Diocesan Lourdes Pilgrimage 4 night package from Monday 24th (morning flight) - Friday 28th July 2017 (evening flight). This four night package with flights, transfers and accommodation in the Grand Moderne Hotel is priced at £565 per pilgrim. Please pick up a flyer from the porch. There are limited spaces left, so if you want to go, please let Fr Graham or Sue in the Parish Office know as soon as possible. If you intend to go, please pay your deposit (and insurance premium if applicable) by next weekend.

Feed My Lambs - Lenten Talks

All are welcome to join us on a retreat led by Magdalen Houlihan (formerly of Clare Priory). The sessions will include – Silent Prayer; Centring Prayer; Practical Bible Reading & New Appreciation of the Eucharist. Tea, coffee and soft drinks are provided. There is no charge but a small donation towards Magdalen's petrol would be appreciated.

Sacred Heart Church Hall – 6.45pm to 9.30pm

Friday 3rd March - Knowing Christ Jesus

Friday 17th March - Following Christ Jesus

Friday 31st March - Being in the Presence of Christ Jesus in our World Today

Friday 7th April - The Witness of the Messenger "May they see you live what you preach" Pope Francis

Saint John Fisher Church Hall - 12.30pm to 3.30pm

Saturday 4th March - Knowing Christ Jesus

Saturday 18th March - Following Christ Jesus

Saturday 1st April - Being in the Presence of Christ Jesus in our World Today

Saturday 8th April - The Witness of the Messenger "May they see you live what you preach" Pope Francis

No need to book – just turn up! Organised by the Stewards of the Gospel we very much look forward to you joining us.

Charity Breakfast, Saturday 25th March – Save the Date

There will be a speaker from the Essex Credit Union and all money raised will go towards buying new albs for our altar servers. Details to follow.

Pilgrimage to Walsingham, 22nd July – Save the Date

Travel by coach to join the Brentwood Diocesan Pilgrimage to Walsingham which is part of the Diocesan Centenary celebrations. Details to follow.

The Vitality London 10K run

Brentwood Catholic Children's Society has charity places for this run on 29th May. Details from Julie at jabbott@bccs.org.uk or 07912 277413.

FOSH - Bingo Night

Friday 3rd March at 7.30pm in Sacred Heart School Hall. Come down for a fun evening with family and friends, whilst helping us raise vital funds for our school. £5 per person with a free game card, bring your own drinks and nibbles. Please see Michelle Truter-Banks or ring 07982 429691.

Come and Celebrate Saint Patrick's Night...

Saturday 18th March at Saint Peters Mazenod Hall, Eastwood. All profits will go to the Knights of Saint Columba and associated charities and the Parish of St Peters. Doors open at 6.30pm for 7.00pm start. Adults £10 – Children under 16 £5 – Children under 4 Free. Tickets from Liam Rand 07952 954833 or email. liam.rand@btopenworld.com.

Women's World Day of Prayer

The Christian women of the Philippines have written the service this year, which will be used throughout the whole world on Friday 3rd March. Our local service will be at St Helen's Church, Milton Road, Westcliff at 10.30am. The Day of Prayer is not just for women – everyone is welcome to attend.

Full Time Diocesan Property Consultant Vacancy

Based at Cathedral House, Brentwood. If you – or any of your family/friends – are interested in applying please request further information from property-recruitment@dioceseofbrentwood.org. The closing date 19.00 on Tuesday 28th February 2017. Interviews take place week commencing 6th March 2017.

Trustee Vacancy

Brentwood Catholic Children's Society (based in Rayleigh) is looking for a new Trustee to join the Board. If you have accounting/finance skills and would like to join the Board of this wonderful Diocesan charity please contact Steven Webb on 01268 784544 or swebb@bccs.org.uk.

Lunchtime Music Recital at Brentwood Cathedral

Wednesday 22nd February at 1pm in the Cathedral Song School. Take a musical journey to Romania during this 45 minute recital. See the artists dressed in traditional Romanian Costume and enjoy refreshments afterwards.

Money

Offertory Sunday 12th February 2017

£996.33

Baptism Congratulations

Congratulations to the family of Anaya and Giovel Amoh who were baptised last weekend.

Milly Wake RIP

Please pray for the repose of the soul of Milly Wake who died on 8th February. Her Requiem Mass will be on Wednesday 15th March at 12 noon at Sacred Heart.

Gloria Smith RIP

Please pray for the repose of the soul of Gloria Smith (Fr Graham's mum) who died on 6th February. Her Requiem Mass will be on Monday 27th February at 12 noon at St Helen's, Westcliff.

Josephine Trinder (nee Parisio) RIP

Please pray for the soul of, Josephine Trinder (formerly a parishioner at Sacred Heart and latterly of St Theresa's Rochford) who died on 16th January. Her Requiem Mass is on Tuesday 28th February at St Teresa's, Rochford at 11.15am followed by Committal at Southend Crematorium (West Chapel) at 12.40pm. Contact is welcome Stephen Trinder - 07802 819442.

Rest in Peace

Please remember and pray for those who have died, especially those whose anniversaries fall about this time; William Bradley, Matilda Higgins, George Hardiman, Lillian Devielli, Doris Clarke, Fr Thomas O'Connor, Fr Archibald O'Brien, Francis Small, Bridget Sammon, Catherine Leggett, Mike Downes, Lilian Dyce, Henry Starkey, Lily Palmer, Frederick Wakefield, Audrey Rice, Rebecca Burrows, Ralph Thomas, Catherine Anderson, Margaret Daly, Deacon Sidney Lewis, Bridget Holliday, Eve Brennan, Mary (Pat) Ramsey, Peter Murphy, Nellie Carpenter, Canon Aloysius Roche and James Pywell.

Sick Parishioners

Please pray for our sick parishioners and friends, especially; for Jack Allen, Val Armitage, Charmaine Arnold, Marie Biner, Andrew Bines, Julie Borg, David Bunce, Richard Campbell-Carr, Eric Carpenter, Sena Carson, Jenny Chappell, Paul Clark, Chris Coath, Ann Cummings, Mary Curtis, Emily Davis, Bernadette Dawson, John Dermody, Pam Dobson, Helen Escott, Roy Fitchew, Laura Fulu, Katie Fitzpatrick, Binella French, Dorothy George, Margaret Gibbons, Clare Giffen, Lesley Googe, Katie Honeyands, Ann Husk, Bartley Igoe Jnr, Teresa Igoe, Alex Jackson, Kiesha, Alex Lawson, Margaret Lee, Tony Lee, Elaine Liddon, "Dana" Danuta Luniewski, Barbara McHugo, Barbara Ann McLoughlin, Carol Middleton, James Moloney, Dr Johnson Odufuwa, Margaret Parsad, Maria Pereira, Mary Rand, Sister Marika Rebicsek, Irene Reynolds, Jane Richardson, Anita Rogers, Françoise Simpson, Jane Smart, Daniel Snelling, Bill Spencer and Patricia Walford.

Masses and Services	Sacred Heart	St John Fisher
Saturday 18th February First Mass of Sunday	5.30pm <i>Michael O'Riordon RIP</i>	
Sunday 19th February Seventh Sunday in Ordinary Time	9.00am <i>Polish Mass</i> 11.00am <i>Pal Pieroni RIP</i> 1.00pm Baptism <i>Marnie Jade Reeve</i>	9.00am <i>People of the Parish</i>
Monday 20 th February Feria	9.00am <i>Donaldo Jacinto D'Souza RIP</i>	
Tuesday 21 st February Feria		9.30am <i>Intentions of Tom and Margaret Cullen</i>
Wednesday 22 nd February The Chair of St Peter	10.00am Stella Dawson Child Friendly Prayer Group <i>in the hall</i> 12 noon <i>Eileen McHugo RIP</i>	
Thursday 23 rd February St Polycarp	7.00pm (<i>Followed by Exposition of the Blessed Sacrament and Benediction</i>) <i>Gloria Smith RIP</i>	
Friday 24 th February Feria	9.00am <i>Rebecca de Roeper RIP and consolation of her family</i>	
Saturday 25 th February Our Lady on Saturday	10.00am to 10.45am Confessions	9.00am <i>Naomi Muscovitch RIP</i>
Saturday 25th February First Mass of Sunday	5.30pm <i>Anthony Long RIP</i>	
Sunday 26th February Eighth Sunday in Ordinary Time	9.00am <i>Polish Mass</i> 11.00am <i>People of the Parish</i>	9.00am <i>Giuseppa Palombo RIP</i>

Morning Prayer begins 15 minutes before weekday Masses.

Rosary - The Holy Rosary is said in both Churches before the Saturday evening and Sunday morning Masses. It is also said at Sacred Heart after 9.00am weekday masses and 6.30pm when there is evening Mass.

The Angelus is recited 5 minutes before Sunday (and Saturday 5.30pm) Masses.

Confessions on Saturday. Sacred Heart 10.00-10.45am; St John Fisher immediately after the Saturday 9.00am Mass. Confessions are available at other times by appointment.